The Shul
at the Lubavitch Center
6701 Old Pimlico Road
Baltimore. MD 21209

www.chabadshul.org

September 5, 2026 Nitzavim — VaYelech — Rosh Hashana 5787 — Shabbat M'vorchim 23 Elul, 5786

A Precise Life

And Moses went and spoke the following words to all of Israel. And he said to them: "I am one hundred and twenty years old today ..." Deuteronomy 31:1–2

Today my days and years were fulfilled; on this day I was born, and on this day I shall die . . . This is to teach us that G-d fulfills the years of the righteous to the day and to the month, as it is written (Exodus 23:26): "I shall fulfill the number of your days." Rashi, ibid.; Talmud, Rosh Hashanah 11a

A year is more than a quantity of time: it is a cycle, a sequence of transitions that runs its course only to repeat itself again and again. On the physical level, a year marks the completion of the solar cycle and the repeat of the sequence of seasons and the lifecycles they engender. On the spiritual plane, each year brings a repeat of the various spiritual influences unleashed by the festivals (freedom on Passover, joy on Sukkot, etc.) from their fixed position on the Jewish calendar.

Thus, the Hebrew word for "year," shanah, means both "change" and "repetition." For the year is an embodiment of the entire range of transformations that constitute the human experience. Each year of our lives only repeats this cycle, though on the higher level to which a year's worth of maturity and achievement have elevated us. In other words, one can say that we all live for one year, and then relive our lives for as many times as we are enabled, each time on a more elevated level, like a spiral which repeats the same path with each revolution, but on a higher plane.

Therein lies the significance of a life that is "fulfilled" in the sense that it consists of complete calendar years. Moses was born on the seventh of Adar and passed away on the same date, as was the case with a number of other tzaddikim (perfectly righteous individuals).

The world we inhabit has both a spiritual and a physical dimension. While these are but the two faces of a single reality, not always is the one a precise mirror of the other. Thus there were many tzaddikim whose lives were "fulfilled" in the spiritual sense—in that the potential in each of their days and moments was optimally realized—yet this "fullness" did not find expression in the calendar dates of their birth and passing. Physically, their final year on earth was "incomplete." But then there were those great men and women whose physical life was a crystalline vessel of its spiritual content, reflected in the fact that "G-d fulfills their years to the day and to the month."

(Based on the teachings of the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson; adapted by Yanki Tauber. from www.chabad.org)

We wish Mazel Tov to **Rabbi Eli and Mrs. Sara Rivkah Itzkowitz** on
the **engagement of their son**
Avrumi
to
Chava Geretz
of Monsey, New York.
We wish both of you much mazel, simcha and a long life together.
Mazel Tov also to the grandparents
Mr. Marvin and Mrs. Sarah Itzkowitz.

We wish Mazel Tov to **Jeffrey and Leslie Silverberg** on
the **engagement of their granddaughter**
Tzipora Hyatt
to
Ari Levinger
We wish both of you much mazel, simcha and a long life together.

Sponsorship for the two flower displays on the Bima during Rosh Hashanah and Yom Kippur are available at $250 each Yom Tov. Consider sponsoring the flowers in honor or in memory of someone. Please contact the Allan Genut at agenut@gmail.com or 443-722-1377 to make arrangements.

Shabbat Afternoon Women's Shiur

There will be a women's Seudah Shlishit in the shul at 5 p.m.
All women from the shul are invited to come together for a
pre Rosh Hashana suedah shlishit, enjoy each other's company;
have delicious food and hear special divrei Torah.
Looking forward to seeing everyone there!

Please complete and send to the Shul your: (1) High Holiday Seat Reservation Form, (2) Membership Information Form and (3) Yizkor Form for 5787.
All are available on the Shul Website at www.chabadshul.org

Kiddush after davening this Shabbat is sponsored
in memory of Marsha Kaplon, **Miriam bas Yitzchak Avraham HaLevi**,
whose first yahrzeit is the 27th of Elul.

Yahrzeits This Week:

Steven Kaplon	27 Elul - Tuesday night / Wednesday	for mother	Miriam bas Yitzchak Avraham HaLevi
Terry Frank	3 Tishrei - Sunday night / Monday	for mother	Sara bas Tzvi

DAVENING AND SHIURIM SCHEDULE

Friday, 9/4 — 22 Elul
Shacharit — 7:00 a.m.
Minchah / Ma'ariv — 7:00 p.m.

Shabbat, 9/5 —23 Elul
Shacharit 9:00 a.m.
Sof Z'man Kriat Shema — 9:49 a.m.
Minchah — 7:05 p.m.
Shiur — after Minchah
Shkiah — 7:31 p.m.
Ma'ariv — 8:13 p.m.
Selichot — 1:05 a.m. (Sunday)

Sunday, 9/6 — 24 Elul
Shacharit —8:00 a.m.
Minchah / Ma'ariv — 7:10 p.m.

Monday — Labor Day, 9/7 — 25 Elul
Selichot & Shacharit — 8:00 a.m.
Minchah / Ma'ariv — 7:10 p.m.

Tuesday, 9/8 — 26 Elul
Selichot & Shacharit— 6:30 a.m.
Minchah / Ma'ariv — 7:10 p.m.

Wednesday, 9/9 — 27 Elul
Selichot & Shacharit — 6:30 a.m.
Minchah / Ma'ariv — 7:10 p.m.

Thursday, 9/10 — 28 Elul
Selichot & Shacharit — 6:20 a.m.
Minchah / Ma'ariv — 7:10 p.m.

Friday – Erev Rosh Hashana, 9/11 — 29 Elul
Selichot & Shacharit — 6:10 a.m.
Hatoras Nedarim
Candles — 7:03 p.m.
Minchah / Ma'ariv — 7:00 p.m.

Shabbat — Rosh Hashana, 9/12 —1 Tishrei
Shacharit — 9:00 a.m.
Sof Z'man Kriat Shema — 9:51 a.m.
Minchah — 6:50 p.m.
Yom Tov Candles — 8:05 p.m.
Ma'ariv — 8:05 p.m.

Sunday — Rosh Hashana, 9/13 — 2 Tishrei
Shacharit — 9:00 a.m.
Sof Z'man Kriat Shema — 9:52 a.m.
Shofar — After 11:00 a.m.
Minchah and Tashlich — 6:00 p.m.
Ma'ariv — 8:00 p.m.

Monday — Tzom Gedalia, 9/14 — 3 Tishrei
Fast begins — 5:21 a.m.
Shacharit — 6:25 a.m.
Minchah / Ma'ariv — 6:50 p.m.
Fast ends — 7:44 p.m.