

The Shul
at the Lubavitch Center
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February 20, 2021

Terumah – Parshat Zachor

8 Adar, 5781

Is Everybody Happy?

“Turn that frown upside down!”

“Don’t get so upset.”

“Put a smile on your face.”

“Sha, sha. Don’t cry. Everything will be okay.”

It’s hard to keep track of what the latest trend is in expressing or suppressing one’s feelings or how deep one should (or must) dig in order to get to the essence of what one truly feels.

So what’s a Jew to do when the Jewish month of Adar begins and we’re told that the standard “Serve G-d with joy” and “It is a great mitzva (commandment) to be continually joyous” is supposed to be intensified?

Pretend!

Yes, you read correctly. Pretend as if you are really happy. You’ll be amazed at the results.

A Chasid wrote to the Tzemach Tzedak (the third Rebbe of Chabad) and told him that it was difficult for him to attain a level of “joy.”

The Rebbe answered: “Thought, speech and actions (the three ‘garments’ of the soul-the way in which the soul expresses itself) are the three main parts of a person’s behavior. Each individual was given control over what he thinks, speaks and does according to his desire.

“A person must guard what he thinks, thinking only thoughts that cause joy; he must keep away from speaking about matters that are sad and depressing; and he must act as if he has a full and joyous heart, to show joyous mannerisms even if that is not how he feels at the moment. Ultimately it will be this way in actuality.”

In a similar vein, a Chasid came to the Alter Rebbe (Rabbi Shneur Zalman, founder of Chabad Chasidism), asking how he could help a fellow Jew who acted as if he were pious when in reality he was actually quite a sinner.

The Alter Rebbe declared: “May what the Talmud says happens to a person who pretends to be a pauper but is not really poor, happen to him!”

The Chasid was taken aback. He had hoped for some practical and pleasant advice. Not what seemed to be a curse!

Then the Alter Rebbe explained: “The person who pretends to be a pauper but is not will ultimately become a pauper. So, too, this man who pretends to be pious but is not should ultimately become pious!”

As indicated in both of these stories, the initial step to being happy is even to go so far as to pretend we are happy even if we are not. Eventually, the play-acting will no longer be acting but real.

This “put on a happy face” attitude encompasses our religious duties but extends to our interaction with others, as well. Judaism teaches “Receive all people happily” and “Receive all people with a cheerful countenance.” Receiving people happily is an expression of one’s feelings. Even if we aren’t inwardly, genuinely happy to see someone, at least we should greet him with a cheerful countenance, an external expression of joy. “Even if your heart does not rejoice when someone visits you, pretend to be cheerful when he arrives,” a great Sage once taught.

So, be happy, it’s Adar. And even if you don’t feel happy, pretend until you are!

(from <http://www.lchaimweekly.org/>)

"You shall place into the Aron the Testimonial [i.e., the Luchot] that I shall give you." (25:16)

"Into the Aron you shall place the Testimonial that I shall give you. It is there that I will set My meetings with you, and I shall speak with you from atop the Cover [of the Aron] . . ." (25:21-22)

Why was Moshe Rabbeinu told twice to place the Luchot into the Aron? And, why does the first verse mention Moshe ("you") before the Aron, while the second verse reverses the order?

R' Shlomo Kluger z"l (1785-1869; rabbi of Brody, Galicia) explains: The Shechinah already had rested on Moshe before he made the Aron. Thus, before the Luchot were placed into the Aron, he was more significant than it, so he is mentioned first. After Moshe would place the Luchot in the Aron, it would become the place from which Hashem's "voice" would emanate to Moshe; therefore, it is mentioned first. (Chochmat Ha'Torah)

(by Rabbi Shlomo Katz from Project Genesis at www.torah.org)

Sale of Chometz forms are **ONLY** available online at www.chabadshul.org.

Deadline for giving these filled-in forms to Rabbi Kaplan is **Thursday, March 25, 2021**.

Purchasing Matzoh can **ONLY** be done online at www.chabadshul.org.

The price is \$28 per pound and all orders **must be submitted by Sunday, March 7, 2021**.



Rabbi Kaplan is holding a weekly Thursday evening (8:30pm) online shiur on the Shaar HaBitachon section of Chovos Halivavos. Shaar HaBitachon has been effective in giving strength and encouragement to people facing difficult and challenging situations in everyday life. What a perfect topic, presented by a gifted teacher, for these times. This online shiur is open to anyone who would like to attend and can be joined at: <https://cutt.ly/join-shiur>

Mr. and Mrs. Shmuel Tarshish are sponsoring Kiddush this Shabbat in memory of Shmuel's father,
Harav Leib Yitzchak ben Harav Elazar Halevi,
whose yahrzeit is this Wednesday.



Yahrzeits This Week:

Shmuel Tarshish	12 Adar - Tuesday night / Wednesday	for father	Harav Leib Yitzchak ben Harav Elazar Halevi
Rochelle Rubin	13 Adar - Wednesday night / Thursday	for father	Chaim Dovid ben Yaakov

DAVENING AND SHIURIM SCHEDULE 322996

Friday, 2/19 — 7 Adar

Shacharit — 7:00 a.m.
Shabbat Candles — 5:30 p.m.
Minchah / Ma'ariv — 5:30 p.m.

Shabbat, 2/20— 8 Adar

Shacharit — 9:00 a.m.
Sof Z'man Kriat Shema — 9:34 a.m.
Beitzah Gemora Shiur — 4:50 p.m.
Minchah — 5:20 p.m.
Ma'ariv — 6:31 p.m.

Sunday, 2/21 — 9 Adar

Shacharit — 8:00 a.m.
Minchah / Ma'ariv — 5:40 p.m.

Monday, 2/22 — 10 Adar

Shacharit — 6:50 a.m.
Minchah / Ma'ariv — 5:40 p.m.

Tuesday, 2/23 — 11 Adar

Shacharit — 7:00 a.m.
Minchah / Ma'ariv — 5:40 p.m.

Wednesday, 2/24 — 12 Adar

Shacharit — 7:00 a.m.
Minchah / Ma'ariv — 5:40 p.m.

Thursday — Tannis Esther, 2/25 — 13 Adar

Fast Begins — 5:21 a.m.
Shacharit / Slichot — 6:30 a.m.
Mincha — 5:35 p.m.
Fast Ends — 6:23 p.m.
Ma'ariv and Megillah — 6:30 p.m.
Second Megillah Laining — 8:00 p.m.

Friday — Purim, 2/26 — 14 Adar

Shacharit and Megillah — 6:15 a.m. and 8:00 a.m.
Shabbat Candles — 5:38 p.m.
Minchah / Ma'ariv — 5:40 p.m.