

# The Shul

at the Lubavitch Center

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February 29, 2020

Terumah

4 Adar, 5780

## Is Everybody Happy?

"Turn that frown upside down!"

"Don't get so upset."

"Put a smile on your face."

"Sha, sha. Don't cry. Everything will be okay."

It's hard to keep track of what the latest trend is in expressing or suppressing one's feelings or how deep one should (or must) dig in order to get to the essence of what one truly feels.

So what's a Jew to do when the Jewish month of Adar begins and we're told that the standard "Serve G-d with joy" and "It is a great mitzva (commandment) to be continually joyous" is supposed to be intensified?

Pretend!

Yes, you read correctly. Pretend as if you are really happy. You'll be amazed at the results.

A Chasid wrote to the Tzemach Tzedak (the third Rebbe of Chabad) and told him that it was difficult for him to attain a level of "joy."

The Rebbe answered: "Thought, speech and actions (the three 'garments' of the soul-the way in which the soul expresses itself) are the three main parts of a person's behavior. Each individual was given control over what he thinks, speaks and does according to his desire.

"A person must guard what he thinks, thinking only thoughts that cause joy; he must keep away from speaking about matters that are sad and depressing; and he must act as if he has a full and joyous heart, to show joyous mannerisms even if that is not how he feels at the moment. Ultimately it will be this way in actuality."

In a similar vein, a Chasid came to the Alter Rebbe (Rabbi Shneur Zalman, founder of Chabad Chasidism), asking how he could help a fellow Jew who acted as if he were pious when in reality he was actually quite a sinner.

The Alter Rebbe declared: "May what the Talmud says happens to a person who pretends to be a pauper but is not really poor, happen to him!"

The Chasid was taken aback. He had hoped for some practical and pleasant advice. Not what seemed to be a curse!

Then the Alter Rebbe explained: "The person who pretends to be a pauper but is not will ultimately become a pauper. So, too, this man who pretends to be pious but is not should ultimately become pious!"

As indicated in both of these stories, the initial step to being happy is even to go so far as to pretend we are happy even if we are not. Eventually, the play-acting will no longer be acting but real.

This "put on a happy face" attitude encompasses our religious duties but extends to our interaction with others, as well. Judaism teaches "Receive all people happily" and "Receive all people with a cheerful countenance." Receiving people happily is an expression of one's feelings. Even if we aren't inwardly, genuinely happy to see someone, at least we should greet him with a cheerful countenance, an external expression of joy. "Even if your heart does not rejoice when someone visits you, pretend to be cheerful when he arrives," a great Sage once taught.

So, be happy, it's Adar. And even if you don't feel happy, pretend until you are!

(from <http://www.lchaimweekly.org/>)

**This Week in Jewish History – First Torah Dispute (1<sup>st</sup> century CE)**

The schools of Shammai and Hillel for the very first time disagreed regarding a case of Jewish law. This occurred around the turn of the 1<sup>st</sup> century. In the ensuing generations, the schools argued regarding many different laws, until the law was established according to the teachings of the "House of Hillel" – with the exception of a few instances. According to tradition, following the arrival of the Moshiach the law will follow the rulings of the House of Shammai. All throughout, the members of the two schools maintained friendly relations with each other.

**Community Information of Interest**

**February 29: Two Parties and a State: Israel and the Jewish People 1980-1983. Lecture by Rabbi Dovid Katz.** *Death Throes: The Soviet Jewry Issue in Dying Years of Communism.* This lecture will begin at 8:00 p.m. and be held at the Congregation Shomrei Emunah.

**March 3: The Simchas Esther Purim Shpiel** will take place on Monday, March 2<sup>nd</sup> and Tuesday, March 3<sup>rd</sup> in the Bais Yaakov High School Auditorium. Doors open at 7:00 p.m.; performance starts at 8:00 p.m. Tickets available at Hats to Hose. Auction tickets available at [www.etzedaka.com/simchases Esther](http://www.etzedaka.com/simchases Esther) or at the door. Simchas Esther is a non-profit organization that provides needy brides and grooms the personal and household items needed to create a Jewish home.

**March 6: Public Hearing on Royal Farms Gas Station.** Royal Farms is seeking a zoning change to add a gas station to its convenience store adjacent to the Shul on the corner of Old Pimlico Road and Smith Avenue. This change has health and safety implications for our community. Make your voice heard by attending the CZMP (Comprehensive Zoning Mapping Process) 2<sup>nd</sup> Council District Public Hearing at Pikesville High School (7621 Labryrith) on Thursday, March 5 at 6 p.m. Sign-in for speakers begins at 5:15 p.m. For more information, contact [jaybernsteinesq@gmail.com](mailto:jaybernsteinesq@gmail.com)



**'The Rav's Friday Night Hashkafa Q&A Shiur for Men'**

will take place **this** Friday night (Terumah, February 28) at 8:15 p.m. and will be held at the home of **Mr. & Mrs. Yechiel Rubin**, 6527 Clarington Road (in Beazer).

**Mr. Yechiel and Mrs. Rochelle Rubin**

are sponsoring a Kiddush after davening this Shabbat in memory of the **yahrzeit** of Yechiel's Mother **Etel Ruchama Bas Yehoshua.**



**Yahrzeits This Week:**

Laurie Margolies	4 Adar - Friday night / Shabbat	for father	Ze'ev ben Yitzchak
Yechiel Rubin	4 Adar - Friday night / Shabbat	for mother	Etel Ruchama bas Yehoshua
Howard Elbaum	6 Adar - Sunday night / Monday	mother	Chaya bas Yisrael Pinchas
Harry Rashbaum	8 Adar - Tuesday night / Wednesday	for father	Jacob Rashbaum

**DAVENING AND SHIURIM SCHEDULE**

**Friday, 2/28 – 3 Adar**

Shacharit – 7:00 a.m.  
Candles – 5:39 p.m.  
Minchah / Ma'aiv – 5:40 p.m.

**Shabbat, 2/29 – 4 Adar**

Shacharit – 9:00 a.m.  
Sof Z'man Kriat Shema – 9:27 a.m.  
Beitzah Gemora Shiur – 4:55 p.m.  
Minchah & Seudah Shilishit – 5:25 p.m.  
Ma'ariv – 6:40 p.m.

**Sunday, 3/1 – 5 Adar**

Shacharit – 8:00 a.m.  
Minchah / Ma'ariv – 5:45 p.m.

**Monday, 3/2 – 6 Adar**

Shacharit – 6:50 a.m.  
Kerisus Gemora Shiur – 7:45 p.m.  
Ma'ariv – 8:15 p.m.

**Tuesday, 3/3 – 7 Adar**

Shacharit – 7:00 a.m.  
Kerisus Gemora Shiur – 7:45 p.m.  
Ma'ariv – 8:15 p.m.

**Wednesday, 3/4 – 8 Adar**

Shacharit – 7:00 a.m.  
Kerisus Gemora Shiur – 7:45 p.m.  
Ma'ariv – 8:15 p.m.

**Thursday, 3/5 – 9 Adar**

Shacharit – 6:50 a.m.  
Kerisus Gemora Shiur – 7:45 p.m.  
Ma'ariv – 8:15 p.m.

**Friday, 3/5 – 10 Adar**

Shacharit – 7:00 a.m.  
Candles – 5:47 p.m.  
Minchah / Ma'aiv – 5:45 p.m.